

# Seeking Volunteers to Assist People with Mental Health Conditions Train their Guides for the Mind Dogs in Southampton



If you are Interested in Empowering People Living with Disabling Mental Health Conditions, Helping them Develop Confidence and Skills to Train their Dogs to Mitigate the Symptoms of their Conditions,

## You could Become One of Our Volunteer Dog Trainer Assistants

If you are Fascinated about How Dogs Learn, have a Keen Interest in Dog Behaviour and Training and Own or Have Owned a Dog in your Adult Life, You could Become One of Our Volunteer Dog Trainer Assistants.

### We Especially Welcome Applications from People Who Live With, or Have Lived With, a Mental Health Condition.



- If you are Compassionate, Patient, Empathic, Non-Judgemental and Open-Minded, with Good Communication and Interpersonal Skills, You could Become One of Our Volunteer Dog Trainer Assistants.
- As a Volunteer Dog Trainer Assistant you will Learn How to Train Dogs and Use these Skills to Support our Clients, Helping them Train their Guides for the Mind Dogs.
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- **Additional Benefits to You -**
- You will Learn about Dog Behaviour and Positive Reward Training from an Experienced Dog Trainer
- Your Confidence and Skills in Dog Training will Grow as you Use your Knowledge to Help People with Mental Health Conditions to Train their Dogs
- You will be Able to Use your New Skills to Enhance your Understanding and Enjoyment of any Dogs in your Care Outside of this Volunteering Role
- You will Meet New People
- You will Learn about the Work of Capable Creatures
- — Number of Hours to be Flexible — Out of Pocket Expenses Paid

If you would like to help people participate in everyday activities with the help of their dogs we'd love to hear from you. For an informal chat phone Lise on **023 80559163** or email her at [capablecreatures@capablecreatures.org](mailto:capablecreatures@capablecreatures.org)

You can also download a Volunteer Application at [www.capablecreatures.org/capcre/images/downloads/VolunteerApplicationForm.pdf](http://www.capablecreatures.org/capcre/images/downloads/VolunteerApplicationForm.pdf)

**Capable Creatures is a Small Local Charity Improving the Lives of People with Mental Health Conditions.**

Website: [www.capablecreatures.org](http://www.capablecreatures.org)

 [www.facebook.com/capablecreatures](https://www.facebook.com/capablecreatures)

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