

# Seeking People Living with Disabling Mental Health Conditions to Train their Dog as their Guides for the Mind Emotional Support Assistance Dog



If you Live in Southampton, have a Mental Health Condition & Currently Own a Dog

**You may be Suitable to join our Pilot Training Programme!**

**Would you like to Learn how to Train your Dog:**

- To follow a range of Commands in a Variety of Environments?
- To give you Emotional Support, leading to Freedom, Independence and Confidence?

**If so, You & Your Dog may be Suitable for our Guides for the Mind Dog Pilot Training Programme!**



## **You Will:**

- Learn about Dog Behaviour and Positive Reward Training
- Learn how to Behave so your Dog Behaves
- Be provided with 1-2-1 Training & Mentoring
- Have a Well-Mannered Dog that Makes you Proud & is a Welcome Delight
- Have Increased Confidence and Skills in Dog Training
- Enhance your Understanding and Enjoyment of your Dog
- Meet Others with Mental Health Conditions who are also Training their Guides for the Mind Dogs
- Learn about the Work of Capable Creatures & how You can get Involved
- Be Part of Developing a New Service to Help Others with Mental Health Conditions
- Be One of the First to have a Guides for the Mind Dog, who will Help your Mental Well-Being



If you think this might be you & would be interested in knowing more we'd love to hear from you. For an informal chat & to receive an Application Pack please call on **023 80559163** or email her at [capablecreatures@capablecreatures.org](mailto:capablecreatures@capablecreatures.org)

Capable Creatures is a Small Local Charity Improving the Lives of People with Mental Health Conditions.

Website: [www.capablecreatures.org](http://www.capablecreatures.org)

HMRC Charity No. EW23552

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